

# SPRING SPORTS PHYSICALS HIGH SCHOOL GYMNASIUM

**YOU WILL NOT BE SEEN BEFORE YOUR SCHEDULED APPOINTMENT  
DO NOT COME EARLY!!!!!!**

**ALL FORMS MUST BE COMPLETED BEFORE YOU ARRIVE AT  
PHYSICALS. YOU WILL NOT BE ALLOWED TO SIGN IN.  
IF NOT COMPLETE – NO PHYSICAL - NO EXCEPTION!!!!**

## February 23, 2010

6:00-6:45 P.M. - 7 Thru 12 Cheerleading  
6:30-7:00 P.M. - 7 thru 12 Girls' Soccer  
7:00-7:30 P.M. - Girls Track  
7:30-8:00 P.M. - 7 Thru 12 Softball

## March 2, 2010

6:00-6:45 P.M. - Baseball  
6:45-7:30 P.M. - Boys' Track  
7:30-8:00 P.M. - Boys' Tennis

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**\*\*ALL STUDENTS PARTICIPATING IN SPRING SPORTS MUST HAVE A PHYSICAL  
BEFORE PRACTICE STARTS ON (03/08/2010)  
If you tried out/participated in a fall or winter sport, please contact the Athletic Trainer for a  
BLUE RECERTIFICATION FORM**

**ALL CHEERLEADERS MUST COMPLETE A NEW PHYSICAL FORM  
BEFORE THEY WILL BE PERMITTED TO TRY-OUT.**

**PHYSICAL FORMS ARE AVAILABLE AT THE FOLLOWING LOCATIONS:**

**HIGH SCHOOL: ATHLETIC OFFICE, MAIN OFFICE, GUIDANCE OFFICE, NURSE'S OFFICE**

**JUNIOR HIGH SCHOOL: GUIDANCE OFFICE, NURSE'S OFFICE, MAIN OFFICE**

**MIDDLE SCHOOL: MAIN OFFICE, NURSE'S OFFICE**

**IF YOU CANNOT MAKE YOUR SCHEDULED TIME,  
YOU MUST GO TO YOUR OWN PHYSICIAN.**